#### Monthly Newsletter of the Federated Women's Institutes of Canada



### President's Message Joan Holthe, President

November is here, and with it is our commitment to remember and honour our service men and women at the yearly Remembrance Day Service. Loss of those many lives, from conflicts over the years, touches our hearts. How poignant is the scene of the crowds gathering at the Highway of Heroes, standing in silence at the passing of the vehicles carrying the remains of soldiers to their resting place.

Before COVID-19, it was traditional for Women's Institute members to attend and place a wreath in soldier's honour during the many Remembrance Day services across Canada. During our centennial year 2019, president-elect Margaret Byl attended the service in Ottawa, laying a wreath during that cold, but memorable ceremony on our behalf. Most communities have cancelled their traditional service this year, but please remember to send in your donation to the Legion, as usual.



### Hopefully, we will be back to normal one day.

I have taken a page out of Linda Hoy's book; she is not the only one who can wear a fascinator. I just had to show off mine, in honour of Remembrance Day. Take care, everyone, winter and it's short days are upon us, even though as a farmer I do consider it a time of rest, after a fast and furious summer and fall.



Who makes the best biscuits? Bread? Cookies? Is that you? Do you have a recipe that you think is truly the best? As part of the FWIC-WI Canada Project, we would like to hear from you and share your recipes on our Facebook page and on our website. Don't be shy! Send your recipe to: Info @fwic.ca



### Evelyn Beban Lewis

### 2020 Adelaide Hunter Hoodless Canadian Woman of the Year Award

Article submitted by Louise Smith

Former Cowansville resident, Evelyn Beban Lewis, age 99, was the recipient of the Federated Women's Institutes of Canada's 2020 Adelaide Hunter Hoodless Canadian Woman of the Year Award. Candidates were submitted from across Canada, and Evelyn was chosen. She was supposed to receive the accolades and the certificate at the Quebec Annual Convention of Women's Institutes in June 2020. Due to Covid19 the Convention was cancelled. Rather than wait to see if there will be an annual convention in June 2021, the certificate and well wishes were sent to Evelyn's new residence in Kirkland.

Joan Holthe, the President of the Federated Women's Institutes of Canada sent a letter of congratulations. Joan was to have been at the June 2020 convention to present Evelyn her award. Covid-19 changed all that. When the Montreal area lowers its colour zone, several members of the Fordyce branch of the Women's Institutes of Quebec

(which meets in Cowansville) will go to visit Evelyn to partake of cake and tea as an additional homage to this remarkable woman.

### Fordyce WI Branch member - Evelyn Lewis

Evelyn was a dedicated teacher for many years at Cowansville High School which later became Heroes' Memorial School. She derived great joy from teaching and she bolstered the self-esteem of her students. After she retired, she volunteered for many years, until her seventies, as a music teacher for the Kindergarten classes at Heroes' Memorial. She has supported various end of the school yearbook prizes.

As a founding member of the Heroes' Memorial Bursary Fund, Evelyn helped support students who attended Heroes' Memorial in their post-secondary studies. She has been an active member of the Cowansville Chapter, #17, of the Order

of the Eastern Star, for seventy years. Up until two years ago, she has held an office for each of the fifteen years prior to that. She was the Worthy Matron of the chapter in 1953 and she also wrote about the Order of the Eastern Star for the Sherbrooke Record, until about two years ago. Evelyn was also a continually active member of the Trinity Anglican Church in Cowansville. She was a member for her entire time of living in the town. She took on many roles as a member of the church and was a backbone of the church.

### Promoting Women's Issues...

Evelyn has been a member of the Women's Institute for over sixty years. She was always on hand to be of help. She oversaw communications and she wrote monthly articles about the Women's Institutes, both her branch and beyond, for the Sherbrooke Record. For her whole life, Evelyn has supported and promoted women's issues and various organizations in the Townships. She is a wonderful role model for what a professional woman can achieve during her career time and afterwards as a volunteer for her community. On top of this, Evelyn successfully raised a happy family.

With a profile such as this, it is no wonder that Evelyn Beban Lewis was selected as Canada's Woman of the Year.

February 27, 2020

Emily Beban Lewis 56 Gervais St Kirkland, QC H9H 4Z7

Dear Emily,

On the 163<sup>rd</sup> birthday commemorating one of the Women's Institute co-founders, WI Canada/FWIC is pleased to announce the 2020 Adelaide Hunter Hoodless Canadian Woman of the Year Award recipient – Emily Beban Lewis of QC!

The Federated Women's Institutes of Canada

Would like to recognize

Evelyn Beban Lewis

The 2020 Adelaide Hunter Hoodless

To constanding loadership, inspiration and dedication to improving the lives of others!

Joan Josh Josh President

Pederated Woman's Institutes of Canada

This premier national award of Women's Institute, honours Canadian women who provide leadership by inspiring others, mentorship to women and who make a positive difference in their communities and beyond in making our world a better place to live.

Emily's dedication to community volunteerism and excellent leadership through her many years in the Women's Institute movement, while volunteering with other service-oriented organizations is indicative of the determination and commitment she has illustrated in *inspiring change* as Adelaide Hunter Hoodless did for women and their families during her time.

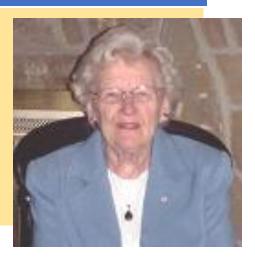
Congratulations Emily Beban Lewis on receiving this honour in the 101st year of the Federated Women's Institutes of Canada!

For Home and Country, Joan Holthe, President; WI Canada/Federated Women's Institutes of Canada



## Ellen's Corner

Ellen McLean has been an active WI member for close to seventy years. Over that time, she has served in many roles including President of the Women's Institutes of Nova Scotia, President of the Federated Women's Institutes of Canada (FWIC) and President of the Associated Country Women of the World (ACWW). Testimony to her excellent leadership and service, Ellen has received a honorary doctorate degree from St. Francis Xavier University, been inducted to the Canadian Agricultural Hall of Fame, received the Order of Canada as well as being the first recipient of the Adelaide Hunter Hoodless Women of the Year.



And now it is November, - not my favourite month. To-day is not gray and dreary, but a skiff of snow is melting quickly in bright sunshine. That skiff is just a reminder of what lies ahead, and I know that some of you have already had a lot more than a skiff of snow.

Once again on Remembrance Day we will pause and remember the men and women who have suffered and died as a result of conflict and war. We will also think of our armed forces who are serving as peacekeepers around the world at the present. Our prayers are for their protection and our thanks for their service.

### Universal Children's Day

We should also remember Universal Children's Day on November 20<sup>th</sup>. This is the anniversary of the Declaration of the Rights of the Child and the Convention on the Rights of the Child, both of which protect the basic human rights of children. The children of the world are exposed to abuse and exploitation, and hundreds of thousands are homeless, hungry, without clean water and adequate health care and little or no education. These rights must be heard if they are going to survive to become the next generation of world citizens.

### Pickles & Preserves

We are now in the ninth month of the pandemic. Life continues to be far from normal as the struggle to contain the COVID 19 virus is still a challenge. But as a result of this some interesting and sometimes amusing things have happened. It began in March when there was a shortage of toilet paper. It was being hoarded! Then it was some days when there was no yeast or flour in our supermarkets. Many people were working from home or were home because sadly they had lost their job. So many women (and some men) became first time bread makers. Or someone who had been too busy to bake bread suddenly had the time to do it. This was followed by Spring and Garden Centres could not keep up with the request for seeds and vegetable transplants. Again, men and women had more time. Some feared a

food shortage so wanted to grow their own vegetables. Some were first time gardeners; some had grown a few flowers but never had a vegetable plot. Then came late Summer and the fruits of their labours resulted in a surplus of cucumbers, peppers. onions, tomatoes and more. That resulted in a surge in demand for Mason jars and lids. Mother and Grandmother's recipes for hamburger relish, pickled beets and bread and butter pickles were requested!

### "Putting Food By"

The increased interest in pickling reminded me of my early years as a Women's Institute member when we talked about "Putting Food By". Then there were Dept. of Agriculture Home Economists who came to Branch or District Meetings and demonstrated how to preserve fruits and vegetables for the winter. I had grown up in a household where jams, jellies and pickles were always made using Mason jars. But at my second WI Meeting I listened with interest to the members discussing ordering cans for the upcoming canning Season. I learned that the Home Economist had demonstrated how to use cans instead of jars for canning, and how to operate a "can-sealer". I do not know how much a "can sealer" would have cost, but the Branch bought one and it would go from member to member to use. The Home Economist also gave detailed instructions in the canning process, whether it was the use of jars or cans, they had to be well sealed to ensure the safety of the contents Perhaps some of our members across Canada are still using a "can-sealer", and perhaps some of these are hidden away and forgotten in a shed or basement. I don't know what happened to the one that belonged to my Branch. I never did try it. I prefer freezing rather than the good old days of "Putting Food By".



### Somenos WI (BC) and Covid 19

Submitted by Ruth Fenner

In this time of limited social interaction and restricted travel - are you finding something to do to help others through the pandemic? It is not enough that we care for ourselves -- we need to reach out to others and help them understand how to care for themselves, and to perhaps provide some other assistance as well.

Although our numbers are not large, Somenos Women's Institute have kept active trying to find several ways to aid ourselves and others in our community to cope.

### Zoom ...

First, we have a member who learned how to handle ZOOM calls, and some of our meetings have been held in that fashion. Although not the same as meeting face to face, this helped to keep us actively thinking about the Women's Institute and the friendship and fellowship it offered to us. We enjoy each others company, and ZOOM gave us the chance to see each other and understand this was one way we could still be "together."

One member, Cathy, has spent many hours at her sewing machine fashioning masks to be used in the community. The variety of fabric colours and patterns she utilized has produced beautiful as well as suitable masks which have been readily moving into the population. We do not sell them but ask, if possible that the recipient make a donation to our bursary fund, This fund, depending on how flush the coffers are, offers financial assistance to 1 or more local graduating high school girls who are setting off for college or university in the coming year.

Also, some of our members have been baking muffins to offer sustenance to those who are working with the homeless in our community. We have done this for the past six months and have the satisfaction of knowing

someone is not going to bed quite so hungry because we have provided something extra for their food supply.



All this brings me to another point: When we were preparing the history book 100 Years of the British Columbia Women's Institute 1909 - 2009 we were dismayed that we could not find any record of the activities of our early members at the time of the 1918-1919 pandemic. Here we are 100 years later, and are we recording what we are doing to help fight COVID 19? Not that I have noticed!

### Who will keep track of our times?

So let me add a plea here, to Women's Institute groups from all areas of Canada, to keep a written record of your contributions to fighting this scourge. Please make sure that it is located in more than one place one place, so when needed, a record can be found!. It would be wonderful if, at the end of this trial, a nation-wide amalgamation of our pandemic efforts could be circulated, and added to our archives in each province: A permanent record of our effort in this dark period of world history - we need to know and remember what we have done.

I look forward to hearing from members of the British Columbia Women's Institute, and if anyone from other provinces is considering contacting me, .my email address is: <a href="mailto:slandrenner@shaw.ca">slandrenner@shaw.ca</a>

Stay healthy, stay safe, Ruth Fenner, Provincial Historian, British Columbia Women's Institute



### Freedom

Standing stark against the sunset While the patient poppies blow, Steadfast rows of scarlet crosses Symbol of a nation's woe.

White by day, but red at sunset Seeming dipped in martyr's blood, Monuments to well-earned freedom, Blossom formed from protest's bud.

A hundred thousand snow white crosses, Arms entreating, spread aloft, Begging us to heed their warning Use our freedom dearly bought.

Yesterday, our fathers, loved ones, Gave their lives to make us free. We must do our solemn duty Meaning keep in victory.

Not, of course, by waxing stronger, Weaker nations to oppress, Rather we use our valued talents World freedom to progress.

Peace presents the spice of freedom, Fighting nations nothing gain. Let us prove that martyred warriors Gave their lives but not in vain.

We must not forget our heroes We'll remember those who died. Respect the meaning of their crosses. Keep their memories sanctified.

A hundred thousand still reminders To a blessed nation say, "Our lives, we spent to give you freedom Honour, then, Remembrance Day."

By Kevin Kruger

Submitted by Jill Copes

### Lest We Forget -

## The Past and Present Remembrance Day Ceremonies

Submitted by Judy Page Jones

Every Remembrance Day the Missisquoi County WI have had a special ceremony at the QWI Cairn in Dunham. (This Cairn was erected in honour of the first branch in Quebec- Dunham WI) Usually a minister would do the prayers and some of the members would do biblical readings or recite a poem, we always sang O Canada (both in English and French), wreaths were laid by a representative of the following: Town of Dunham, Quebec Women's Institutes, Missisquoi County WI, Fordyce WI and Dunham WI. Ben Martin, son of Dunham WI member Joyce Proctor Martin, played the last post and the reveille on his saxophone. After the ceremony, the members and quests would join together at the local church hall for hot soup, bread, and cookies all made by the members of Fordyce and Dunham WI and Stanbridge East WI (which has now disbanded). But now Remembrance Day 2020, is totally different. We will still do the ceremony, but with a much shorter version. Only the members of Fordyce and Dunham WI are asked to attend, wearing masks and socially distancing. There will be prayers, but we will only recite



O Canada, no singing. The wreaths will still be laid by the representatives and Ben Martin will do his part. But when the ceremony is finished there will no gathering together for a soup lunch. We realize what we have to do to stay safe is no where near the trials that our service men and women had to go through to protect our freedom.







### PEI WI Fall EVENTS Submitted by Ellen MacPhail

The Prince Edward Island WI Board of Directors and branches are adapting with projects this fall in living with the new normal on Prince Edward Island. PEIWI is excited to host the seventh annual Island Product Cooking Contest aimed at Intermediate and High School Students across the Island. Students in grades 7 through to 12 are encouraged to enter their favorite recipes for cash prizes and be part of an annual Island Product online cookbook.

Organized by the provincial WI board and sponsored by Department of Agriculture and Land, this cooking event will feature four categories including: Appetizer, Soup, Main Dish and Sweets. Recipes submitted must feature Island agricultural and fishery-based products. New this year, is those selected as finalists will prepare a slide presentation or short video describing their recipe. Final judging will take place online in the new year with winners receiving prizes by mail. Deadline for students to enter their recipes is December 15. Please visit <a href="www.PEIWI.ca">www.PEIWI.ca</a> or contact the WI office at <a href="www.peiwi.ca">wi@gov.pe.ca</a> for further details.

Women Institute members are pleased to support The PEI Advisory Council on the Status of Women's purple ribbon campaign this month by distributing buttons within their communities in support of survivors of gender-biased violence. As per guidelines from the Chief Public Health Office, the formerly pinned purple ribbons and cards by Women's Institute members will be replaced by lapel buttons this year to reduce handling.



One of the popular gift projects with branch members includes the White Cross Campaign. In lieu of traditional gifts, monetary donations can be dropped off to the White Cross Campaign at 178 Fitzroy Street, Cheques made out to Canadian Mental Health, Attention White Cross Program in Charlottetown, to the attention of Sharon Claybourne. For more information, please contact CMHA at 902-566-3034. Gift deadline: December 11<sup>th</sup>.

In more WI projects, and as of early November, a value of over \$60,000 in masks has been donated to over 50 organizations. The W.I. mask project is ongoing and aimed at Island hospitals for the next several months. Volunteers are still required, and mask kits including material are available through registering with the WI office at 902-368-4860 or wi@gov.pe.ca.

In branch news, the Greater Charlottetown WI (GCWI) will be selling fresh Christmas wreaths again this year as a fundraiser for the QEH and branch activities. The cost is \$30 and will be available later this November. They will also be delivered. To order please contact Carla at 902-368-1357 or Cindy at 902-940-2062.



### Saskatchewan Women's Institute

Saskatchewan Women's Institute held a fall board meeting at the home of President Virginia Kreklevich in Foam Lake on Monday October 5 with nine members present. As we were unable to hold a 2020 Annual Meeting the Quilt Raffle draw date had been extended until this meeting. The Quilt was won by Marje Dawson of Fort Qu'Appelle. Most of the money raised from the raffle this year was for SWI but a motion to donate \$100 to the Jim Pattison Children's Hospital was passed.

Virginia has volunteered to make another quilt for next year's fundraiser, to be drawn at the Annual Meeting which Briar Mound WI branch in Foam Lake will be hosting at the Tiger Lily Lodge on Monday, June 7, 2021. The updates to the SWI Bylaws are to be voted on at that meeting. Competitions for the 2021 AGM will be: grocery bag, maximum size of 20" x 20", fruit pie and a recycled item. One entry per member per competition.

Alison Gerwing was the recipient of the 2020 SWI bursary of \$200 for a student in their second year of post-secondary education. President Virginia encouraged everyone to continue making and donating comfort dolls to the RCMP and First Responders.

### Pattern for Comfort dolls for RCMP: Dolls, Cats & Pigs

Can be knit on 2 or 4 (I prefer 4) as long as you work in stockinette stitch throughout.

Dolls: Cast on 24 stitches having 12-15 inch tail for sewing. Work 4 rows for feet, 12 rows for pants, 10 rows for shirt, 6 rows for face, and 8 rows for hat. (I do the first row of the hat with eyelash yarn for hair). Knit 2 tog to end using darning needle and 12 inch tail pull through stiches and close off.

Cats: Cast on 24 stiches having at least 18 inch tail to sew. Work 12 rows for face, 10 rows for seater and 10 rows for lower body. Knit 2 tog to end leaving tail



to finish off. DON'T PULL TIGHT AS YOU WILL NEED THIS END FOR STUFFING. Tail ch 12 and sc in each st across end.

Pigs: Same as cat. Snout make ring and sc 8 sts in ring and pull right to close (back loop) sc in each of these 8 sts. End off. Curly tail. Ch 15 and 2 sc in each st (one loop only) to end finish off.

When sewing up make sure seams are centre back and tails are outside for future working legs and arms.





### INTERNATIONAL PEACE GARDEN

Submitted by Denise Joss

IPG Chinook Sunrise Roses planted during 2019 FWIC Centennial Celebrations thrived in 2020. These newly released roses were also planted at The Springfield Library in Dugald, Nellie McClung Home in Manitou and presented to Lt. Governor Janice Filmon when she hosted a tea-party honouring FWIC's 100th Anniversary.

Manitoba's celebratory events were coordinated in 2019 by MWI-

FWIC Rep, Liz Chongva. As you can see from the photos below the Chinook Sunrise Roses are doing well.

Construction on a beach area in the MWI Picnic Nook is progressing well. It needs some finishing touches but is serving well as a launch site for canoes and kayaks.

### CACTI DONATION---MANITOBA 150---INTERNATIONAL PEACE GARDEN

2020 was to be a year of celebration for Manitoba. 150 years of memories. Our Manitoba Women's Institute chose to share our provincial celebration with the International Peace Garden. We offered to donate some plants to



the expanded Conservatory, reserving space for a future sign/plaque, recogniz-ing our donation and continued support for the IPG. For this special anniversary, the plants donated would be on display year-round in the Conservatory. The chosen plants are from the Island of Soco-tra, off the coast of Yemen. Most of the flora from this island is endemic to it and found nowhere else. Our contact, Johannes, Director of Horticulture at the IPG has sent us the list of recommended species known as the "Big Four" of Socotra. All of them eventually develop a large *caudex* (fattened stem for water storage) while some grow into tree-like specimens. Specimens chosen are:

- 1. Adenium socotranum "Socotra Desert Rose"
- 2. Dorstenia gigas "Socotra Fig Tree"
- 3. Draceana cinnabari "Dragon's Blood Tree"
- 4. Dendrosicyos soctranus "Cucumber Tree"

Johannes says to Google these names to see pictures of them in the wild. As of now the plants have not yet arrived and the pending cold weather will also affect shipping. He is personally very excited to have these plants at the IPG and feels they are a very valuable investment in the IPG collection. We look forward to visiting our Manitoba 150 donation.

Janice Harrison Peace Garden Committee



# Triennial Tweedsmuir Competitions & Senator Cairine Wilson Competition

The 2021 Triennial Tweedsmuir Competitions and the Senator Cairine Wilson Competition are open. Submissions should be sent directly to the FWIC/WI Canada Head Office for judging. There will be no limit to the number of entries submitted by Provincial Members, however, only one entry per category per member will be accepted.

Tweedsmuir Community History Books (or Tweedsmuirs as they are commonly known) uniquely capture and preserve local community history. They vary in form from a simple scrapbook to an elaborate series of volumes bound in leather, wood, or a more formal blue-and-gold cover. Tweedsmuirs are comprised of a variety of information and often include a history of the:

- Local Women's Institute Branch
- Earliest settlers in an area
- Agricultural practices and individual farms
- Industries that formed the basis of the local economy
- Social institutions and public buildings, such as churches, schools, and community centers
- Local personalities, such as war veterans
- · And much, much more!

To date, we have not received any submissions for the competitions. The deadline for submissions is *January 15, 2021.* Please remind your members that the competitions are open. Competition submissions are welcome at the Adelaide Hunter Hoodless Homestead.

# Hearth is where the Home is



### One Branch's story...

In Nova Scotia's beautiful Annapolis Valley, one will find the Lakeville Women's Institute. Like many other branches, they did not meet during the lock down and enjoyed getting together for an outdoor meeting in September, following social distancing regulations. It was an opportunity to discuss their months of isolation and to share how they spent their time. Their experiences were varied and for many quite productive as together they turned out a large assortment of knitted goods which included 130 small stuffed toys, 158 baby hats, 12 baby afghans, 11 car seat covers, 42 toe socks, and 2800 finger puppets.

As the members reminisced of their time in self isolation, sharing their stories and experiences, it was suggested that perhaps they should create a booklet and call it "COVID-19 Stay the Blazes Home." Each member would contribute how they coped with the isolation, including poems, recipes, and stories. One of their members who moved into a condo in the city, shared her experiences. Here is Marie Sanford's story.

### COVID-19 LIVING by Marie Sanford

I spend my weeks looking at pictures and throwing some out. The best treasure of this exercise was finding a newspaper clipping of Chester 's class and he at the age of 13. It has become a treasure to the family.

Eight of us ladies who live in the condo had free delivery take out every second Friday. You put your money in an envelope outside your door, one of the ladies collected it and delivered the food to each of us. We enjoyed Chinese food (twice), fish and chips (twice), and hamburger and fries. It was delightful. We sampled food from two different Chinese food restaurants and two different fish and chips establishments. Though, the hamburger and fries only once because it was awful.

I also continued my outside walking with the walker (also known as Heneryetta...first one was Henry). On June 5, Joan became my bubble, and I was out of jail, had a ride in the car, saw houses, flowers and, of course; hit the restaurants. I am now in the process of stocking up for my fall/winter jail sentence. Hope it is a short one.

### "Cookie Monster" Cookies

Baking during COVID19 was not something I had to concern myself with and yet still enjoyed homemade cookies. This is my method for "Cookie Monster" cookies.

- 1. Have a sister like Joan who likes to "see to things I may enjoy" and, also happens to bake.
- 2. Go to my mailbox several times and find a mysterious box that I cannot seem to get out of my mailbox.
- 3. Call on a few condo friends and between us we manage to extricate the above-mentioned box.
- 4. Open the box to find 3 dozen cookies of the chocolate chip, molasses, and peanut butter variety from my sister.
- 5. Upon calling her to say thank you, I was to hear about the Post Office story concerning the mailing of my cookies. The staff were intent upon my cookies not arriving as cookie crumbs and helped Joan pack them in special mailing boxes and send them on their journey.
- 6. And "Cookie Monster" is now how I am known in the condo building due to my cookie box capers.

Note: This is a family recipe so cannot be duplicated successfully.

Do you have a story to share? Why not send it along for the next issue of WI Connections?





### WI Canada FWIC Office Report

Submitted by Kathy Dwyer, Office Administrator

October was shaping up to be a busy month. We were about to begin our community events when the Ontario Covid stats started to climb. Our location, although not in Toronto, is a popular commuter community for those who work there as we are about an hour's drive away. With the partial rollback to Stage 2 for the Toronto region, we opted to defer the event plans to next spring. This worked out well in the long run as we have resumed some responsibility for social media and gave us time to focus on those new needs.

Fall also is the beginning of the grant writing and fundraising season, and we are most certainly hot on that trail. Many of these grants are projects that can benefit the membership in various ways across the country, I would love to talk with those willing about the plans we have. This is your museum, and I want to make you more a part of it.

Administratively, we have been a hive of activity. Sally, our recent addition as the bookkeeper has been hard at work auditing and converting our accounting system to updated software. I have been connecting with the local community, setting up connections for university interns, high school volunteers, and updating more of our office procedures. Since I

have been here, I have been digitizing our paper files to aid in their storage compression, rearranging furniture, and storage solutions to make our office space more functional. Lisa has assisted with grant writing and has taken on Social Media responsibilities in addition to public tours and museum upkeep.

### St. George, Ontario

As Remembrance Day nears it's a perfect time for contemplation. The War of 1812 passed through this region leaving its mark in many ways; more peacefully it created a new village, St. George. The Homestead has early connections to the war 1812 through its original builder, John Bray.

John was born in 1783 in Sussex County, New Jersey, USA then moved to Norfolk County, Ontario Canada in 1805. He became a Sergeant in Nesbitt Collvers Company, 2nd Regiment, Norfolk Militia. He and his family moved their way from Norfolk county to Brant county between 1816 and 1829. He and a couple of other families petitioned to settle in this region that would become the village of St. George. During his tour in the war, the American army stole his horse, to which he was paid compensation for its loss. He built the house that was eventually sold to the Hunter family in 1839. This is about the time that the village itself was expanding quickly with industry and enterprise.

I hope everyone stays safe and warm on these colder days. Stay the course, we will get through this together.

### WHAT CAN YOU DO WITH AN EXTRA \$5,000.00 JUST BEFORE CHRISTMAS?

### ... Get your tickets now!

The net proceeds from the Lottery will be used for future programing of "Back to Basic" skills which will help to reduce poverty. These programs will be included in the "Hearth is where the Home is" FWIC project for 2020-2021.

Deadline is December 12th. The winning ticket will be drawn at the Homestead



### The Adelaide Hunter Hoodless Canadian Woman of the Year Award

"The collective impact of our country's female leaders cannot be understated."

The Adelaide Hunter Hoodless Canadian Woman of the Year Award is the premier national award of Women's Institute celebrating the achievements of Canada's most inspirational and influential woman. This award recognizes a woman for demonstrating excellence - from leadership to social change, from local to global reach, across multiple sectors. We are honored to shine a spotlight on her.

### Nominations Now Open

We have a wonderful opportunity to recognize some of the top female leaders in Canada through the **Adelaide Hunter Hoodless Canadian Woman of the Year Award**. These women do not have to be members of a Women's Institute (WI).

However, WI involvement is a criteria benefit.

This Award seeks to acknowledge dedicated women whose contributions make their communities and our world a better place to live. Adelaide Hunter Hoodless Canadian Woman of the Year Award recognizes the hard work, dedication, and support that these women have offered and continue to offer as they give leadership, inspire others, and make a difference while exhibiting the qualities of Adelaide Hunter Hoodless, the founder of the Women's Institute movement.

### Adelaide Hunter Hoodless Exemplified Women Supporting Women

Adelaide Hoodless dedicated her life to ensuring women had educational opportunities. Adelaide Hoodless was called "one of the most famous Canadian women...yet one of the most obscure." She is credited as being co-founder of the Women's Institute, the Young Women's Christian Association (YWCA), the National Council of Women, the Victorian Order of Nurses (VON), and a major force behind the formation of three faculties of Household Science.

The search for nominees is under way! We are looking for inspiring Canadian females. Tell an extraordinary woman how inspiring she is by nominating her for this year's award. Or go ahead and put yourself forward! To nominate yourself or a friend, please complete our online nomination form. Nominees will be judged based on the leadership they have exhibited and the ways they have given back to community by mentoring or supporting other women. Nominations will close at midnight on February 1, 2021 and the winner will be announced in time for W.I. week, Feb. 15, 2021.



WHAT'S IN YOUR GARDEN?

### THE HEALING POWER OF PLANTS

#### A New Horizon's for Seniors Virtual Gathering; November 21 @ 1 pm ET

"When life and health turn upside down, people seek relief and comfort in familiar places. For some, the answers they seek are found in prayer, while others place their faith in science. This is nothing new. For centuries, the mysterious forces that governed life and death eluded understanding. Rather than stand by and watch their loved ones suffer, the common folk turned to superstition and their knowledge of herbal folk remedies. Surprisingly, many of those remedies have survived in one form or another and are still recognizable today.

### Joanna Rickert-Hall, historian

The answer to how and why may be as close as your own garden. Join us as historian Joanna Rickert-Hall takes us on a journey through the folklore of healing, superstition and the incredible healing power of plants."

### WI CANADA PREMIUM PACKAGE

Become a supporter today. The WI Canada Premium Package is now available, and it is a great way to support both WI Canada FWIC and your own provincial WI. By giving 2% of net received to Province of Residence of the purchaser everybody wins, especially when you receive your package. Items will be added to the package as sponsors/partnerships are developed e.g.: discounts to movies, retail store or travel company partners. This is an annual package renewal.

Currently there is a **\$45.00 Value** for only **\$20.00.**You get a WI Canada Pin, a \*Virtual On-line Tarot
Reading Gift Certificate for your entertainment, WI
Canada Pen, an Adelaide Hunter Hoodless Booklet, an
Adelaide Hunter Homestead Postcard and a Program
Membership Card. For further information please

Lighter than 1944 at 17 is 1940 at 194

contact the FWIC Office. Contact info at back of WI Connections.

### Advocacy Committee Report Submitted by Jill Copes and Lynn MacLean



The Draft Bylaws along with a set of questions have now been sent to all the Provinces for their review. We want to be sure we address any concerns you may have. We ask the Provinces to review them and submit comments to the committee or the committee members would be willing and pleased to attend a meeting of your provincial board to have an open dialogue about the By-Laws. Of course, this would be done virtually. Nova Scotia has already set up a meeting time to discuss with us. A response by **December 18, 2020** would be much appreciated. We can be reached at: Jill - jillco48@outlook.com Lynn - jennielynnmaclean@gmail.com





### Christmas is coming...

WI Members, we want to hear from you. What do you like best about Christmas? Why not share your best decorating tips? Favourite recipes?

Please send to info@fwic.ca

# Next Month in W. Gonnections...

- Date TBA Preserves Antipasto with Fay Van Horn-virtual seminar
- Children's Holiday Chat with FWIC/WI CANADA President Joan Holthe

### WI Canada FWIC

Joan Holthe, President
Margaret Byl, President Elect
Jill Copes, BC Executive
Linda Mason, AB Executive
Lynn MacLean, NS Executive
Karen Gerwing, SK
Denise Joss, MB
Mary Shortt, ON
Judy Page Jones QC
Angela Scott, NB
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