

MONTHLY NEWSLETTER OF THE FEDERATED WOMEN'S INSTITUTES OF CANADA

# LETTER FROM THE PRESIDENT

As I go about my business on the farm, I often compose my articles, letters on the go. There, I seem to be able to formulate the most eloquent thoughts and sentences that could inspire the most vacant mind, but the minute I get to the keyboard, the words escape me. I guess I will have to keep my message for this month, short and sweet.

October is the start of our festive season - October, November and

December, all give us reason to celebrate, remember and enjoy good times with family and friends.

Your FWIC board was asked by the Communications Committee to share what they are most thankful for, and you will see some of their examples within. There are a lot of similarities between responses.

For me, personally, I would say I am most thankful to have such joy and purpose in my life. That may sound corny, but...

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I am thankful for the beautiful harvest weather.

~ Jill Copes, BCWI

I am thankful for good health, wonderful family and friends and a nice little home in the country where I can enjoy mother nature's handiwork every day.

~ Linda Mason





The question what are you thankful for... it's nearly impossible to answer with just one thing. But I guess it has to be health. We take it for granted as young people but learn as we get older it is a gift to behold.

~ Angela Scott

I am thankful for technology (Skype, Zoom, etc.) that allows us to keep in contact with our family and friends around the world. When we can't travel and be there in person it is great to be able to see them and communicate so easily.





I am thankful for love, family, good health, and people who want to make a difference in the world.

~ Lynn MacLean

I am thankful we found a lakeside lot for our wee trailer for the season when travel was so difficult. ~ Mary Shortt





I am thankful for family and friends and for our Chief Health Officer, Dr. Morrison, for keeping us safe and for all her work at giving us ways to keep us safe during this difficult time.

~ Miriam Lank

I am thankful for my family and good friends who helped to keep me sane through these last difficult months. And being able to enjoy the beauty of nature this fall.













I am thankful that I am a Proud Canadian and that none of my family have been infected by the Corona Virus COVID-19.

~ President-Elect Margaret Byl

### ELLEN'S CORNER



Ellen McLean has been an active WI member for close to seventy years. Over that time, she has served in many roles including President of the Women's Institutes of Nova Scotia, President of the Federated Women's Institutes of Canada (FWIC) and President of the Associated Country Women of the World (ACWW). Testimony to her excellent leadership and service, Ellen has received a honorary doctorate degree from St. Francis Xavier University, been inducted to the Canadian Agricultural Hall of Fame, received the Order of Canada as well as being the first recipient of the Adelaide Hunter Hoodless Women of the Year. Over the coming months, Ellen will share insights from her many stories and provide her perspective on our world today.

We have enjoyed beautiful late Summer, early Fall weather these past weeks. And now in early October I look out my windows at the hills around me and I see a picture of changing colours, - yellow, gold, red and bronze. And they are becoming more vibrant each day. But that will sadly come to an end far too soon. We have moved from Winter to Spring and Summer and now Fall and we are still living in this strange COVID-19 time, with no end in sight. Questions now abound - are we in Phase 2? The number of cases are on the rise.

I know that you have been hearing that the situation has led to depression, boredom, anxiety, fear, laziness, lack of motivation and more. I don't know if I fit into that spectrum, but I do wonder what did I do with all that time in isolation? Then I heard comedian and satirist Rick Mercer talk about this. He said that his first task was to clear out all the clutter in his garage, but he hadn't accomplished anything. He had just been "poking around". Having heard that I now had an answer when my daughter calls and asks "What did you do today, Mom?" My ready answer is, "I was just poking around!"

However, I did do more than that the past couple of weeks. I went back to my years of helping 4-H members "learn to do by doing" when I learned how to navigate a virtual meeting. The wonders of technology, and the lessons I received in advance, made it possible for me to attend the Annual Meetings of the

Federated Women's Institutes of Canada and the Women's Institutes of Nova Scotia. Both events went very well, with just a few minor glitches. Appreciation goes to those who developed the protocols and procedures for our "Zooming".

It was good to see some familiar faces and hear familiar voices. It was interesting to attend sitting in front of my computer with a mug of coffee and some dark chocolate within easy reach. Then my thoughts went back to the first FWIC Biennial Board Meeting I attended. Around the table were the Executive, Junior and Senior Representative from each province, six Conveners of Standing Committees and some Counsellors, and the Meeting provincial lasted three days. Quite a difference from the amount of time it took for us to hear reports on the past year's activities and to plan for the coming year when we "zoomed" on September 17th.

So, does that mean we are so much more efficient, or does it mean that we are perhaps not always remembering our purposes, "To provide a united voice for Women's Institutes, To initiate programs and to provide resource materials, and To provide a medium of intercommunication among the units of the Federation"? The provincial reports gave a very good insight into their many and carried projects.

# COMMUNITY, CULTURE & HERITAGE & ADELAIDE HUNTER HOODLESS HOMESTEAD UPDATES

Submitted by Miriam Lank, Glenna Smith, Dianne Dammann, Margaret Byl

# TRIENNIAL TWEEDSMUIR COMPETITIONS AND SENATOR CAIRINE WILSON COMPETITION

To date, we have not received any submissions for the competitions. The deadline for submissions is January 15, 2021. Please remind your members that the competitions are open. Competition submissions are welcome at the Adelaide Hunter Hoodless Homestead. Just a reminder that it is the responsibility of the entrants to send and have their items returned at the entrant's expense. Details are on the website.

## ADELAIDE HUNTER HOODLESS HOMESTEAD UPDATES

Museum tours continue to be booked. The Covid-19 safety protocols are enforced.

#### Addie's Kitchen Buy a Brick Program:

A reminder to our members that we have not completed Phase 1 of the Addie's Kitchen Project. The Buy a Brick Program would appreciate any donation that you or your branch would like to make.

## THE NEW HORIZON'S FOR SENIORS GRANT PROGRAM

The Psychic and Wellness Fair held on September 26th had a poor turnout. We did make a small profit however and consider this event to be an experiment for future onsite events.

This was planned as an outdoor event, practicing social distancing and COVID-19 safe practices, however the public is still not comfortable with larger in-person events. A portion of the event was sponsored by the New Horizons for Seniors #LifeHacks Grant.

#### **FWIC LOTTERY**

The net proceeds from the Lottery will be used for future programing of "Back to Basic" skills which will help to reduce poverty.

These programs will be included in the "Hearth is where the Home is" FWIC project for 2020-2021. The deadline to purchase your ticket is December 12th. Ticket sales have increased and we thank you for your support. If you know anyone in Ontario, please let them know of our Lottery.

#### WI CANADA PREMIUM PACKAGE:

Merchandise Item

We are pleased to offer you our WI Canada Premium Program Package valued at \$45.00 which includes the following items:

Retail Value

WI Canada Pin	\$ 5.00
Virtual On-line Tarot Reading Gift Certificate	\$30.00
FWIC Purse Holder	\$ 5.00
WI Canada Pen	\$ 2.50
Adelaide Hunter Hoodless Booklet	\$ 2.00
Adelaide Hunter Homestead Post Card	\$ 0.50
Program Membership Card	
	\$45.00

As more sponsors join our program, their merchandise items will be sent to you during the term of your program membership.

Your Premium Program membership expires in one year. In addition to purchasing your package, an annual gift of 2% of the net proceeds of the package sales will be tallied and sent to the Provincial WI Office in the province from which the sales originated. We look forward to hearing from you and hope that you enjoy your Premium Package.

Thank you for supporting the FWIC/WI Canada fundraiser.

# ON THE GROUND PERSPECTIVE OF ATTENDING AN ACWW AREA CONFERENCE

Submitted by Linda Hoy, ACWW Canada Area President

Since I became a member of the Women's Institutes in 1981, I have attended provincial and national conventions, board meetings and world conferences each year using my work vacation. For anyone who has never attended an Associated Country Women of the World (ACWW) Canada Area Conference, I would like to tell you what you might do at one of these conferences.

My first ACWW Triennial World Conference was in 2004 to Hobart, Tasmania and my first Eastern Canada Area was in PEI in 1999. Until I had attended a provincial Women's Institute convention, I didn't understand the full extent of the work that our members do. That also applies to the national (FWIC) and international (ACWW) whether it is a board meeting with twenty members or as large as a World Conference with 400 in attendance.

In between the Triennial World Conference, a Canada Area Conference is held to keep the

members informed of how their donations to Pennies for Friendship, The Women Empowered Fund (Projects) and Women Walk the World are used; good news stories from the societies; hands on or learning workshops and not to mention lots of time to renew old friendships and make new ones.

The planning starts when a Society puts in an offer to host the event. We try to alternate the area conferences between east and west. They work with the Area President and their members to plan an enjoyable time with meals, entertainment and tours of the area.

This encourages members to attend and learn about ACWW without the cost of world travel. The ACWW World President is invited to attend and we have been very fortunate to have many in attendance. They bring messages to inspire and empower women.

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### OCTOBER HIGHLIGHTS FROM PEIWI

Submitted by Ellen MacPhail, PEIWI

The PEI Women's Institute Board of Directors has a full slate of activities this month including a provincial business meeting, an international virtual walk and an online cultural diversity and inclusion themed workshop. The over 70 WI branches on PEI are invited to send a representative to the upcoming business meeting portion of the annual convention on the morning of October 17 at The Rodd Royalty in Charlottetown.

The board has adapted its traditional convention to comply with Chief Public Health Office guidelines and additionally will join two cohorts of up to 50 delegates by closed circuit video. Delegates must register prior to October 14, 2020 by contacting the WI office at 902-368-4860 or wi@gov.pe.ca.

Later the same day the PEIWI Board is bringing awareness and fundraising efforts to world wide food security through a walk. PEIWI will be highlighting their membership with the Associated Country Women of the World (ACWW), and three UN recognized occasions; International Day of Rural Women, International Day for the Eradication of Poverty; and World Food Day through its annual ACWW Women Walk the World event.

The overall aim is to bring attention to global food systems by using a theme of #Will Walk For Food. As this walk is world-wide, the walk will be real, and the globe will be connected virtually to bring attention to

global food security. In keeping with provincial health office guidelines, participants are asked to choose their location of choice and adhere to distancing guidelines. To assist in raising funds through this effort, donations from PEI can be sent directly using <a href="https://www.acww.org.uk/peiwi.html">https://www.acww.org.uk/peiwi.html</a>.

On Thursday, October 29, at 7pm, the PEI Women's Institute, in partnership with the PEI Association of Newcomers to Canada, will be hosting an online information session on Cultural Diversity and Inclusion with guest speaker Lisa Dollar and Executive director Craig Mackie on welcoming and including newcomers in communities. This is open to all organizations and general members of the public. To register for this online event and for further information please contact PEI Provincial Board member Sheila MacLean at 902-651-2865 or maclean61@bellaliant.net.

In other provincial news, the Board is revising its annual WI Island Product Cooking Contest aimed at youth in grades 7-12. Details will be announced soon.

In branch events, the Greater Charlottetown WI (GCWI) will be once again selling fresh Christmas wreaths this year as a fundraiser for the Queen Elizabeth Hospital in Charlottetown, as well as Branch activities. Wreaths will be delivered in to customers in November. To order please contact Carla at 902-368-1357 or Cindy at 902-566-4841 or 902-940-2062.



### RESOLUTION UPDATES FROM THE BCWI

Submitted by Betty Bartlett, Office Administrator, BCWI

In regards to our Resolution as follows:

"Be it resolved that the British Columbia Women's Institute urge the British Columbia Government to enact legislation to ban the sale of single use non compostable plastic dog waste bags and instead encourage products and methods that are proven environmentally safe and will degrade into natural substances."

We received a response letter from the Honourable George Heyman, Minister of Environment and Climate Change, and we at BCWI have responded as follows:

"We at the BCWI are very happy to hear of your Ministry's work on the engagement process of the "Plastics Action Plan Policy Consultation Paper" we look forward to reviewing the results of this paper. We look forward to your public announcements about increasing waste reduction, recycling and single-use plastic initiatives, and look forward to the ban of non compostable plastic dog waste bags being included in it."

In regards to our Resolution as follows:

"Be it resolved that the British Columbia Women's Institute petition the Solicitor General of the Government of British Columbia to amend the Cemetery, Interment and Funeral Services Act and all regulations to include a definition of cremation and in

that definition include the provision for Alkaline Hydrolysis to be an approved method of cremation within the Province of British Columbia."

We received a response letter from the Honourable Michael Fenworth, Solicitor General of British Columbia and we at BCWI have responded as follows:

"We at the BCWI are looking forward to reviewing the findings of your research on this issue and look forward to the amendments to include Alkaline Hydrolysis in the Cremation, Internment and Funeral Services Act (CIFSA). We have completed our own research in this matter and are happy to share our findings with you. Reducing our environmental footprint by reducing carbon emissions is paramount. Thank you for initiating discussions with the stakeholders in BC to consider the feasibility of allowing the practice of Alkaline Hydrolysis as a form of cremation in BC. We look forward to the outcomes of your discussions."

Resolutions must be received in the BCWI office no later than March 1 of each year in order for us to have them ready for a vote at our annual general meeting each year in June. If you require assistance in putting forward a resolution, please contact me anytime at: Kcoybcwi@gmail.com

## President's Message continued...

neither health nor family, money or weather, have meaning without that spark of joy that can turn the mediocre into something sublime.

I am sure all of you have run into a person that has every advantage, but, yet, is so glum and down in the mouth about their existence. I quote my mother, "It's like they don't have any joy in their life."

So, be grateful for the things that bring you joy in your life, celebrate every day, and be thankful to be on this side of the grass.

Yours For Home and Country.

### Ellen's Corner continued...

Certainly the format of this Annual Meeting was a very new experience for many of us. A very important fact is that I would not have travelled as far away as Ontario to attend the Annual Meeting, but having it virtually made this possible, and I am sure there are many members who feel the same. "Zooming" was great but it leaves us without the human contact, and the friendliness and sociability we always enjoy. Hopefully conditions will be such that this will be possible when we attend next year's National Convention in St.John's Newfoundland.

- Ellen



#### ACWW Area Conference continued...

Companions are welcome and kept busy on the days when the business is being carried out.

Canada Area has three members who were elected in Melbourne, Australia in 2019 to the positions of Committee Chairs and three others who were selected as committee members. They will be facilitators at the Canada Area Conference in St. John's, NL in 2021. Past World President, Dr. Ellen MacLean and Past Canada Area President, Margaret Yetman.

We look forward to seeing you in St. John's, NL in 2021. We are sure that you will have a memorable time whether it is your first ACWW conference or one of many. Watch for upcoming news with speaker bios and the registration package early in the New Year.







# MEET THE WOMEN OF THE PRINCE EDWARD DISTRICT

Submitted by Wilma de Wolde, President, PEDWI, and Evelyn Peck, Past President, FWIO

The Prince Edward District Women's Institute has been an institution in Prince Edward County since 1908. We are a member of the Trent Valley Area, Eastern Region.

We have always been very active in the "County" with education, fund raising, community efforts and socialization. Some of our ROSE Programs have been LYME Disease Education, Wine Jelly Making, Fire Safety, Apple Butter Making, Alzheimer's and Mental Health, and our latest, Living off the Grid, where one of our members opened her very modern home, with all amenities, to show us how "living off the grid" is vey attainable and comfortable.

We made coffee filter roses and we make as well as fill, carryall bags with crayons and colouring books, a teddy bear with its own blanket and one for the child and a story book. We bring these for the hospital emergency room to be distributed to youngsters to give them comfort when they come in, most often unprepared. We also donate large stuffed bears for older patients who need comforting. Every year, we sponsor a Scholarship of \$1,000 for a high school student going to post secondary education; the candidate must write an essay on a given topic and must meet established criteria. We scored 12 applicants this year with the topic, "What can we do as individuals do on our

daily lives to help preserve our environment?"

Many years ago, WI members realized there was a need for affordable accessible transportation for seniors as well as the disabled. That was the birth of our infamous Art & Craft Sale. This year would have been our 37th Annual.

In June 2007, a new bus, fully accessible, with the WI logo, was unveiled. Ridership has increased year after year and this past month a fulltime service with a dedicated schedule has come to pass. The PEDWI has donated over \$120,000 so far, with more pledged for the coming years. This all with proceeds from the Art & Craft Sale, which we hope will again be held on July 29, 2021.

In 2019, as celebration of the 100th Anniversary of the FWIO and the FWIC, the District donated \$1,000 to both organizations as well as another \$13,000 to other groups in the County.

This year, on FEB 19, 2020, WI DAY, we donated \$10,000 to the PEC Library Expansion and their 6 branches and \$10,000 to the Prince Edward County Memorial Hospital, Back the Build.

Women's Institute Branches and members...



### **MY COVID-19 PROJECT**

Submitted by Donna Jebb, Tec We Gwill WI

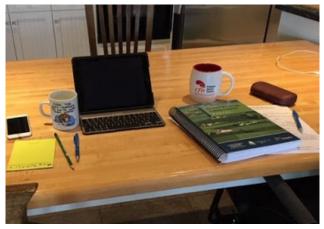
So, I will share my highlight of my covid "lockdown" back in March 2020. In Ontario, it is a requirement of farmers to complete a pesticide course to make sure they are doing the appropriate applications to their farms for their protection along with their crops, land and environment.

My husband, Barry, as an Ontario Farmer, needed to renew his Pesticide Licence. He originally was signed up to attend a one day class. When the Coronavirus Pandemic hit all of us around the world, he had to change how everyone was to carry on with their learning and exams. His day-in-class program was now changed to a 4-day online course.

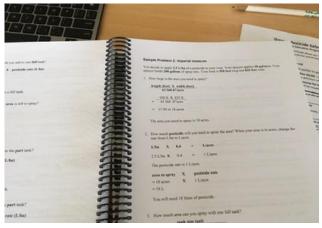
My husband has never been a real computer whiz (I am not claiming I am but I work on computers more than he). So, needless to say, I was seconded to do the typing and getting the assignment sent through online.

Much to his dismay, he had to "talk" to the other students online. Although we did not know them, everyone had to give a little blurb about themselves. I think he was the oldest of the group but I found it interesting about the others where all he wanted to do was get it over and get his test done.

So, we had 4 days to get this done and we could do two sections in one day if we so chose. One section required a photo of our "spill kit", so guess who was taking the photos?







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## Prince Edward District continued...

have tried to mitigate the impact by making phone calls, sending e-mails and using Zoom meetings and e-blasts to share news and information. Some branches have had outdoor gatherings where everyone wore a mask and kept physically distanced and no food was served.

Many members kept busy and helped the community by sewing masks, hospital gowns, and bags for face shields and crocheting ear savers. Mostly, WI members have tried to help our community stay safe and healthy by setting good examples in following the guidelines and reaching out to those who need some friendship.

The PEDWI is a very active organization in the Prince Edward Community and we can't wait to get "back to normal".







# My COVID-19 Project continued...

We got his assignments sent in on time and I did get the hang of getting the course information and the question sections figured out to submit. Usually, in the classroom, they provide paper information from governments regarding the licence and regulations on particular products but we had to do the look up and printing off the information that was needed.

The challenge came when it was calculating the rates of application. I would question every answer and then, because of that, he then started to second guess his answers! He was getting frustrated with "the assistant" and I was just making sure I was inputting the correct answers.

When it came time for the final reflections of the course, the statement sent to his online professor was, "my wife was helping me with the computer part of this course as I did not feel I would be able to do it properly and part of the course she kept questioning my answers and was getting frustrated, but to let you know we are still talking and glad it is done!"

The response back from the professor was that he was glad that he did not cause a marital split and glad to hear we were still speaking with one another. His final mark when all said and done was in the high 80's and happy to say we won't have to have this discussion for another 5 years.



## BARN QUILTS FROM THE ANNAPOLIS VALLEY

Submitted by Lynn MacLean, WINS

Port Williams Women's Institute members Liz Johnson and her daughter, Debbie Graves, learned a new craft during the time of staying home. A great example of Hearth is Where the Home is, Liz and Debbie had fun learning about and making Barn Quilts.

Elizabeth got the idea after reading about the quilts in an article in the Atlantic Canada magazine, Saltscapes. A quilter herself, Liz thought it would be a great project, something different to do, and make a nice addition to their farm.

For those who are not familiar with barn quilts, they are made by taking a piece of wood and painting it with a quilt-like pattern.

Liz and Debbie used a 3'x3' panel (can be

larger or smaller). They painted the panel a base colour and, once dry, the quilt block is added. The pattern can be a single picture or a collection of smaller blocks. The quilt blocks are painted with lots of bright colours.

Liz and her daughter made ten barn quilts and displayed them on various buildings on the farm.

Each year, their family farm, Willowbank U-Pick, attracts many visitors and many have commented on the beautiful addition of the quilt blocks to the property. They are but one family that has taken to decorating their barns and there is information on Barn Quilt Trails available for not only in Nova Scotia but across Canada, as well.









### **DEHYDRATING VEGETABLES**

Submitted by Fay VanHorn, Glenwood WI, BCWI

Dehydrating, or drying, is known to be one of the oldest methods of food preservation. Sun drying is unpredictable and difficult most places as you need low humidity and three to four sunny days with temperatures of 100 degrees.

Sun drying is slow and foods are exposed for long periods of time. Oven drying is an acceptable method of drying food, but isn't very energy efficient. Foods are often not very flavorful in the end. If your oven can't keep a temperature of no higher than 150 degrees, don't do it. Food can just be placed on a cookie sheet and dried to conditions as noted when using a dehydrator.

Dehydrators can be inexpensive - or more costly, depending on features. Also watch the Buy and Sell ads or second-hand stores as often people buy them, don't have help to learn good use, and sell! Check for adjustable temperature control, a fan, timer, and trays that are a decent size to put your food on. Timers are not essential, as you can also use a portable timer.

Now, a few steps to dehydrating. Sanitation is very important. Wash and sanitize yourself and all tools, especially if you have just come in from the garden. Wash your veggies as garden dirt carries all kinds of problems.

Select young, firm vegetables, slightly under ripe is better than over ripe. Prepare by

peeling, slicing, dicing or whatever is required for a specific vegetable. Spread prepared food on dryer tray. Different foods can be dried at the same time, but avoid drying strong flavor veg such as onions with mild flavor like tomatoes. Dry according to times for each vegetable, and remove ones that are dried more quickly. Condition and package food and you are done. Congratulations!

Now that your interest has been piqued, let's get a bit more specific. Some vegetables great to dehydrate are onions, chili peppers, carrots, mushrooms and cherry tomatoes. I don't find any of these need to be blanched prior to dryer, just make sure they are clean, wash if necessary.

- Onions: remove ends and outer skins.
   Slice thinly and place on racks. Dry until onion is slightly flexible. Condition and package as mentioned at end of article.
- Chili peppers: dry halved or whole as desired.
- Cherry tomatoes: taste like candy! Cut in half and arrange on tray cut side up to start. Keep an eye on them and remove as they dry. Turn over partway done to speed things up.
- · Mushrooms: clean and slice.
- Carrots: slice uniformly, arrange on trays.
   Dry until moisture is gone but slices are still a bit flexible.



# Dehydrating Vegetables continued...

Conditioning is not essential for vegetables and they are dried to low moisture content. That being said, I still condition. This means cooling food, placing in airtight container loosely and shake every day for a week. This will distribute moisture evenly. If you see moisture in the container, return to dryer or use food immediately.

After food is properly dried, store. It is a good idea to store food in amounts that can be used all at once. This is because dried food will absorb moisture from the air every time the container is opened. Examples of containers are glass jars, plastic containers and vacuum sealed packages.

Store in dark, cool place, refrigerate or freeze and enjoy for six months to a year!



# BE A PEN PAL!



WI Canada's Communication committee has started a pen pal program to benefit members and non-members.

Isolation has promoted a desire to connect with others here in Canada and requests for pen pals are also coming in from abroad. This connecting can be in the form of actual pen and paper snail mail, email, postcards, telephone, Facebook messenger - whichever you choose.

## We have a pen pal just waiting for you!

Your personal information will be strictly guarded. When your requests are published they will only contain your first name, the country where you live, your interests and hobbies, and the approximate age of friend you wish to connect with.

To participate, please reach out to info@fwic.ca for more information.

# Are you ready to fall in love with Newfoundland and Labrador?

Join us in St. John's, Newfoundland for back to back conferences to be held at Memorial University:

FWIC Triennial
June 17 to June 19, 2021
-and-

ACWW Canada Area June 19 to June 21, 2021

Start saving your \$\$\$ or ask your branch about their conference fund and join us in St. John's, Newfoundland and Labrador.

For more info about St John's, visit <a href="https://www.newfoundlandlabrador.com/top-destinations/st-johns">https://www.newfoundlandlabrador.com/top-destinations/st-johns</a>

WHAT WOULD THE CONFERENCE BE WITHOUT PRE- AND POST-CONFERENCE TOURS?

We have two fabulous tours waiting for you: Pre-conference tour McCarthy's Party 7 day Island Wide Newfoundland tour

- \$2541.50 per person
- Corner Brook to St. John's

The McCarthy's family specializes in delivering authentic Newfoundland and Labrador experiences.

For more information, visit <a href="https://www.mccarthysparty.com/multi-day-tours/8-day-tours/">https://www.mccarthysparty.com/multi-day-tours/8-day-tours/</a>

Check out the accommodation at Memorial University's McPherson College, \$60.00 per night taxes included: <a href="https://www.mun.ca/residences/buildings/macphersoncollege.php">https://www.mun.ca/residences/buildings/macphersoncollege.php</a>

#### **FWIC TRIENNIAL JUNE 17TH-19TH**

- Thursday Welcome city tour
- Friday choice of 5 afternoon tours
- Friday & Saturday companion tours
- Saturday AGM (guest speakers to be announced)
- Saturday banquet for everyone and meet our ACWW World President Magdie de Kock

#### **ACWW CANADA AREA JUNE 19TH-21ST**

- Sunday & Monday Business, Society Reports and Workshops
- Sunday & Monday companion tours with World President, Magdie de Kock and Committee Chairs, Marie Kenny, Sheila Needham & Christine Reaburn

#### Post-conference tour Mile Zero Tour Newfoundland and Labrador

An exciting 11 day tour that showcases the magic of the Maritimes.

- 11 days June 21st to July 1st
- \$3799 per person.

Click on the link to find out more: https://milezerotours.com/200621newfoundland-1

If interested in this tour call 250-590-0811 or contact Mile Zero Tours at https://milezerotours.com/contact-us

Keep an eye on <a href="www.fwic.ca">www.acww.org.uk</a> - the full registration package will be available online mid-January 2021.

