



**Information Package
for the
23rd National FWIC Convention
Truro
Nova Scotia**

September 17-19, 2024



CONFERENCE HOTEL

The FWIC National Convention will be held at the **Inn on Prince Hotel and Conference Centre**, 437 Prince Street, Truro.

Directions: From the airport, take highway NS 102 N to Exit 14, Robie Street, Truro. Follow Robie Street and turn right onto Juniper. Take next left onto Prince St. and hotel is on the left.

Restaurant: Stay at Inn on Prince and dine in style at the on-site restaurant, Bistro on Prince. Bistro on Prince is a licensed restaurant, lounge, and seasonal patio. Whether it be a casual meeting with friends or a celebratory dinner, this restaurant is the perfect spot for all occasions. A complimentary hot buffet breakfast is available for Inn on Prince guests only.

When you dine at Bistro on Prince, you'll enjoy classic Canadian cuisine and locally inspired creations. Take a look at the dinner menu and lunch menu (subject to change) and choose from crowd-pleasing favourites including steak, pasta, fresh salads, local craft beers & cocktails. Check the Facebook page for the latest Chef curated daily specials.

Accommodations: Rooms have been blocked for those attending the Conference. The room rates begin at \$164 plus 15% tax and include a full breakfast. A \$50 charge will be taken on check-in for incidentals. Call the hotel to make your reservations at **902 895 1651**. Booking code is FWIC.

Check-Out: 11am **Check -In:** 3pm.

Hotel also has a pool and a fitness center. See website for more details:

<https://www.innonprince.com/en/>

REGISTRATION

Early Bird registration is \$375 and opens on **January 1st, 2024, and runs until April 30, 2024.**

Registration includes two dinners, one banquet, two lunches, opening ceremonies, all meetings, tea times, and welcome bag.

Regular registration will be from **May 1st to July 15th** is **\$425.**

Wednesday Day registration is \$200.

Thursday Day registration is \$200.

Evening meal, opening ceremony and president's reception is \$50.

WHERE TO STAY INFORMATION...

Elm River RV Park is an open and wooded campground in Glenholme, located in the Truro area.

LOCATION 85 Elm River Parkway, Glenholme- **21.2km or 20mins** from Conference Hotel-Inn on Prince

CONTACT FOR RESERVATIONS

[902-662-3162](tel:902-662-3162)

[888-356-4356](tel:888-356-4356)

elmriver@gmail.com

HOURS OF OPERATION

Operates seasonally from mid-May to mid-October

The Hampton Inn & Suites: Complimentary breakfast is included, and the property is pet friendly! This hotel is 100% non-smoking.

LOCATION 35 Legends Avenue, Millbrook -**5.5km or 10mins** from Conference Hotel Inn on Prince

Open year-round

CONTACT FOR RESERVATIONS

[902-843-4343](tel:902-843-4343)

[877-894-7666](tel:877-894-7666)

res@hamptoninntruro.com

Best Western Glengarry Truro Trade and Convention Centre

LOCATION 150 Willow Street, Truro- **1km or 3mins** from Conference Hotel, Inn on Prince

Open year-round

CONTACT FOR RESERVATIONS

[902-893-4311](tel:902-893-4311)

[800-567-4276](tel:800-567-4276)

reservations@bwglengarry.com

Super 8 Truro

LOCATION 85 Treaty Trail, Millbrook- **5.3km or 9 mins** from Conference Hotel Inn on Prince Complimentary To-Go breakfast.

Open year-round

CONTACT FOR RESERVATIONS

[902-895-8884](tel:902-895-8884)

[800-800-8000](tel:800-800-8000)

fom@super8truro.com

Comfort Inn Truro

LOCATION 12 Meadow Drive, Truro- **2.7km or 6mins** from Conference Hotel Inn on Prince. Recently renovated guest rooms and lobby, free hot breakfast, and 100% non-smoking. Located in the Hub of Nova Scotia, just off highway 102 at Exit 14;

Open year-round

CONTACT FOR RESERVATIONS

[902-893-0330](tel:902-893-0330)

[800-228-5150](tel:800-228-5150)

jeff.hemming@innvesthotels.com

Willow Bend Motel

LOCATION 277 Willow Street, Truro- **1.6km or 3 minutes** from Conference Hotel Inn on Prince. Complimentary continental breakfast served daily.

Open year-round

CONTACT

[902-895-5325](tel:902-895-5325)

[888-5WILLOW](tel:888-5WILLOW)

willowbend@ns.sympatico.ca

Bed & Breakfast

Belgravia Bed & Breakfast

LOCATION 5 Broad Street, in downtown Truro -**300meters or 1minute** from Conference Hotel Inn on Prince

Open June-December

CONTACT

[902-893-7100](tel:902-893-7100)

[866-877-9900](tel:866-877-9900)

belgraviabb@gmail.com

Baker's Chest Bed & Breakfast

LOCATION 53 Farnham Road, Bible Hill, Truro- **2.6km or 7mins** from Conference Hotel-Inn on Prince

Open year-round

CONTACT

[902-893-4824](tel:902-893-4824)

info@bakerschest.ca

Suncatcher Bed & Breakfast

LOCATION 25 Wile Crest Avenue, North River, Truro- **5.6km or 9 mins** from Conference Hotel-Inn on Prince

Open year-round

CONTACT

[902-893-7169](tel:902-893-7169)

[877-203-6032](tel:877-203-6032)

suncatcherbnb@gmail.com

Abide Within Bed & Breakfast

LOCATION 45 Douglas Street, Truro-**2km or 5mins** from conference hotel-Inn on Prince

Open year-round

CONTACT

Jennifer Muers

[902-986-1155](tel:902-986-1155)

abidewithinbb@gmail.com

HALIFAX AIRPORT TO TRURO

The journey time between **Halifax Airport (YHZ)** and **Truro** is around 55 min and covers a distance of around 65 km.

Halifax Airport (YHZ) to Truro by Bus

Maritime Bus operates a bus from Halifax Airport to Truro, NS once daily. Tickets cost \$16 - \$23 and the journey takes 55 min. Typically, eight buses run weekly, although weekend and holiday schedules can vary.

Halifax Airport (YHZ) to Truro by Taxi

Halifax Airport to Truro via Taxi. The taxi journey is about 43 minutes and cost approximately \$120-160 depending on the taxi company.

- Scotia Taxi

Phone [+1 902 883 8093](tel:+19028838093)

- Handy Cabs

Website handycabs.ca

Phone [+1 902 220 8294](tel:+19022208294)

- Satellite Taxi

Website satellitetaxi.ca

Phone [+1 902 865 4444](tel:+19028654444)

- Sackville Taxi

Phone [+1 902 865 2222](tel:+19028652222)

- First Choice Cab & Limousine

Phone [+1 902 456-4302](tel:+19024564302)

Car Rentals Available at the Halifax Airport

Hertz

Alamo

Enterprise

ATTRACTIONS

Truro...Known as the “Hub of Nova Scotia”, Truro’s size, central location and historic downtown makes it a popular home-base for exploring the province and the world-renowned tidal phenomena of the Bay of Fundy. To see a full list of what is available in this hub town please visit Tourism Nova Scotia.

PARKS

Fundy Discovery Site: The world’s highest tides...experience the incredible tidal phenomena of Canada’s Bay of Fundy – home to the highest tides on Earth! This park overlooks the Salmon River at the head of the Bay of Fundy where a tidal bore occurs twice daily at predicted times, on the incoming tide, offering a natural demonstration of the extremity of Fundy’s renowned tides. Conveniently located off Highway 102 at exit 14 and just minutes from downtown Truro. 103 Tidal Bore Road, Lower Truro. Visitor Information Centre 9am-5pm daily, May to October. Grounds open year-round, serviced May 6-Nov 12. CONTACT [902-897-6255](tel:902-897-6255); info@fundydiscovery.ca

Victoria Park is a 3,000-acre treasure in the heart of Truro. The beautiful and dynamic urban park boasts incredible natural features, including a dramatic steep-sided gorge, a winding river, cascading waterfalls, and a stately old-growth Eastern Hemlock Forest. The park offers visitors endless recreational, cultural and leisure opportunities...hiking, photography, birdwatching, picnics, family gatherings, snowshoeing, cross-country skiing, swimming, baseball, cultural events, live music, tennis, cycling and more. 29 Park Street, Truro CONTACT [902-893-6078](tel:902-893-6078); recdept@truro.ca

Cliffs of Fundy Geopark: An UNESCO Global Geopark designation celebrates globally significant connections between geology, local communities, culture, and nature. At the Cliffs of Fundy Geopark, with more than 40 impressive geosites within a 165km drive from Lower Truro to Apple River, visitors are welcomed to explore this stunning Bay of Fundy coastline. See cliffs towering 300 feet over the world’s highest tides and stop into vibrant communities throughout the Cliffs of Fundy Geopark. Home to Five Islands and Cape Chignecto Provincial Park, you’ll find hiking trails, island views, sea stacks and unique rock formations. Contact: [902-641-2225\(Debert\)](tel:902-641-2225); manager@fundygeopark.ca

TRAILS

The Cobequid Trail is an 18-kilometre network of walking and cycling trails in central Colchester County, at the head of the Bay of Fundy. Explore woodland paths and shaded brooks. Follow the rail trail through farmland and Acadian dykelands beside the tidal Salmon River and watch the tidal bore when it arrives twice daily. Discover We’kwampekitk (the Mi’kmaq name for the Truro area), which means “the bay runs far up”. The Cobequid Trail is great for bicycling, long distance running, leisurely walks and

wildlife viewing. The trail has numerous rest areas with benches and picnic tables to enjoy the views.

CONTACT [902-897-3180](tel:902-897-3180); recreation@colchester.ca

Trail surface: Most of the trail is smooth, with hardpacked, crushed gravel; a few, short sections are paved. **Trailheads:** Multiple trailheads with parking and trail information kiosks provide easy access to the trail.

Sugar Moon Farm is a working maple farm, woodlot and restaurant open year round. With 2500 taps and a log sugar camp, Sugar Moon Farm proudly continues the spring (March and April) tradition of gathering the sap and creating exceptional maple syrup over an evaporated fire with mountain hardwood. In the restaurant, quality food is served--gathered from the local agricultural community. In addition, through sorting and composting all kitchen waste, respect is shown for the land and water. Visit the Farm, take a tour, hear the wonderful stories and see where the maple syrup is made. You can taste this sweet treat on-site and take home some goodies from the gift shop.

MASSTOWN MARKET

This family-owned business started over 50 years ago and has become a local landmark thanks to quality foods, great selection and friendly service. At Masstown Market you will find fresh produce, homestyle baking, a butcher, creamery and deli-all with locally sourced edibles. Browse through a delightful gift shop, fully stocked garden centre and even an NSLC outlet. Be sure to visit the full sized lighthouse for some fresh fish & chips or take home other seafood delights available at the "Catch of the Bay" Fresh Fish Market. What a wonderful photo opportunity awaits from the viewing deck atop the lighthouse where you can experience the breathtaking Cobequid Mountains!

GOLF

Truro Golf Course: The Truro 18 Holes Golf Course is one of the premier golf courses in central Nova Scotia. The 6339-yard, par 71 layout has well-manicured fairways, white sand bunkers, and water in play on 10 of the 18 holes. Contact [902-893-4650](tel:902-893-4650); stuart@trurogolfclub.ns.ca

Mountain Golf & Country Club: This 18-hole golf course is located about 10 km outside of Truro at 1195 Pictou Road, East Mountain. The front 9 & back 9 holes are located on opposite sides of the highway with some breathtaking views of the East Mountain Valley. Contact [\(902\)893-2841](tel:902-893-2841); info@mountaingolf.ca.

CENTRES

Marigold Culture Centre. The Marigold is the home for the Colchester Sport Hall of Fame and has an art gallery that hosts different artist's exhibits each month. 605 Prince Street, Truro NS.

Colchester Historem. Since 1976, this building has been the home of the Colchester Historical Society and is used for public history programs and research. Because of its important link to the educational and architectural heritage of Colchester County and Nova Scotia, the building became a Registered Heritage Property in 2004. With its subtle polychrome finish, unique combination of building materials and a respect for all things symmetrical, the Science Building is a good example of the Beaux-Arts Movement in Canadian Architecture. Located at 29 Young Street, Truro NS.

SPECIALITY SHOPPING

Alderberry Village has grown to represent over 50 quality, local crafters. The shop proudly displays the items that this diverse group of creative artists has crafted. From unique crafts, antique dishes, soaps, scented candles, seasonal home decor, craft paints, and gift ideas their determination and pride in what they do is evident throughout the shop. 59 Inglis Place, Truro NS.

Thrown Together-Pottery & Art. A working pottery studio with a gallery attached, featuring works in clay and other assorted mediums by over 20 artists (most local). Located in Truro, people are welcomed to come and browse – find that one-of-a-kind gift. Enjoy one of their classes and find out how much fun it is to work with clay. 37 King Street Truro, NS. CONTACT: Danielle Sawada [902-895-9309](tel:902-895-9309); throwntogether@ns.sympatico.ca

Calling Corners New Age Boutique. The shop carries a wide range of new age products including crystals, tarot, oracle, books, mystic tools and earth-based spiritualities. 147 Esplanade Street, Truro, NS (902) 843- 5113; info@callingcorners.com.

The Truro Farmer's Market is open Saturdays from 8am to 1pm hosting over 50 local vendors! Located in downtown Truro in an historic fire hall, the market offers a wide variety of wares. Shop local for fresh greens, delicious baked goods, Nova Scotia wines, beers & spirits, meats, and cheeses. Browse decorative items, jewelry, and handcrafted woodwork as well as other unique merchandise all while enjoying this vibrant gathering space.

Inglis Street, Truro – many specialty shops including clothing and footwear as well as dining options.

Truro Mall- 245 Robie Street, Truro NS, 39 retail stores and dining options.

Fundy Trail Centre- 68 Robie Street, Truro NS, 27 stores, restaurants, and services.

TRIP ADVISOR LINKS AND SAMPLE TOUR COMPANIES IN NOVA SCOTIA

https://www.tripadvisor.ca/Attractions-g154967-Activities-Nova_Scotia.html.

https://www.tripadvisor.ca/Tourism-g181762-Truro_Nova_Scotia-Vacations.html

<https://www.ambassatours.com/>

<https://magicwinerybus.ca/>

<https://www.novascotia.com/see-do/tours/harbour-hopper-tours/2346>

<https://www.novascotia.com/see-do/tours/halifax-titanic-historical-tours/7581>

<https://www.novascotia.com/see-do/tours/cabot-discovery-tours/7530>

FWIC National Convention 2024 – draft program – Subject to Change

Day 1 - Evening	Day 2	Day 3	Day 4
<p>Arrival day Pre board meeting</p> <p>Evening meal included. Opening Ceremonies – Piper/Land Acknowledgement -Parade of Flags -Official Greetings by dignitaries -Recognition of Past Presidents in attendance -Greetings from ACWW -Welcome by Prov President -Address by FWIC President or Guest speaker -Presentation of Lady Tweedsmuir Competitions -Presentation of winner of Senator Cairine Wilson Award -Past President’s Competition Award -President’s Reception</p>	<p>First Plenary Session Presided by FWIC President</p> <ul style="list-style-type: none"> • Mary Stewart Collect • Announcement of Parliamentarian • Moment of Silence and acknowledge those that have died since 2021 • Rules of Order noted • Appointment of scrutineers • Minutes of last Convention and AGM minutes of 2023 • Count of Voting Delegates • Finance Report • Resolutions • Nutrition Break <p>Second Plenary session</p> <ul style="list-style-type: none"> • Continue business/Resolutions • Luncheon • Lesley Crewe, Writer • Break • Afternoon – panel discussion/workshops • President’s Report • Committee/Homestead reports • Evening- Bell Ringer Sessions 	<p>Third Plenary Session</p> <ul style="list-style-type: none"> • Voting strength • Business Continues • Announcement of President-Elect • Nutrition Break • Continue business session <p>Fourth Plenary Session</p> <ul style="list-style-type: none"> • Luncheon • ACWW Presentation by Canada Area President <p>Fifth Plenary Session</p> <ul style="list-style-type: none"> • Report on sales, etc • Invitation for 2027 • Report on numbers who attended. • Installation of Board • Presentation of Pins <p>Closing Banquet</p>	<p>Travel Day Post board meeting</p>

BASIC MAP OF TRURO

